

Patients with diabetes under the care of the BCSP

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Key Documents Owner:	Emma Duggan/Felicity Eykyn	Bowel Cancer & Bowel Scope Screening Manager/Bowel Cancer Lead Nurse Specialist Screening Practitioner
Approved by:	Bowel Screening Operational Meeting	
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Key Amendments

Date	Amendment	Approved by
19 th June 2019	Documents extended for 6 months whilst reviewed	Emma Duggan
11 th Feb 2020	Documents extended for 6 months whilst review and approval is processed	Emma Duggan
27 th July 2020	Documents extended for 6 months during COVID-19 period	QGC/Gold Meeting
1 st March 2021	Document extended for 6 months as per Trust agreement 11/02/2021	
16 th July 2021	Documents extended for 6 months whilst review and approval is processed	Emma Duggan/ Mr Stephen Lake

Introduction

It is necessary to identify patients diagnosed with diabetes prior to prescribing bowel preparation, due to the risk of hypoglycaemia as a result of altered dietary intake during the bowel preparation period. This guideline outlines the advice these patients should be given.

Details

- Establish if the patient has diabetes and if so, how it is controlled e.g. diet, medication or insulin.
- Ascertain patient’s diabetic control and frequency of medication and whether he/she is monitored by a healthcare professional.
- Inform relevant Health Care Professional e.g. GP / Specialist Nurse that patient with diabetes is due to take bowel preparation for endoscopy.
- Advise patient to make an appointment with their Diabetic Nurse Specialist Team to inform them of the planned procedure and change in regime.
- Refer patients to the written guidelines:
 - For patients attending Hereford County Hospital for colonoscopy procedure: Provide a copy of the leaflet ‘Guidelines for Patients with Diabetes Undergoing Colonoscopy’ highlighting the necessary information within to the patient.

Please note that the key documents are not designed to be printed, but to be used on-line. This is to ensure that the correct and most up-to-date version is being used. If, in exceptional circumstances, you need to print a copy, please note that the information will only be valid for 24 hours and should be read in conjunction with the key document supporting information and/or Key Document intranet page, which will provide approval and review information.

- For patients attending with Worcestershire Acute Hospitals NHS Trust (Worcestershire Royal Hospital or Alexandra Hospital, Redditch), highlight within the procedure information leaflet the necessary information specific to the patient.
- Advise patient to have supply of Glucose tablets or sugary drink should they need them during the preparation period.
- Advise patient to monitor blood sugar levels regularly, particularly when not eating.
- Ensure patient brings diabetic medication (e.g. insulin) when attending for procedure.
- Ask patient to bring a suitable snack to eat following procedure. A limited supply of suitable snacks is available from the hospital.
- Patients should be encouraged to attend a morning list where possible and should always be offered the first appointment on the list.