

Patients with diabetes under the care of the BCSP

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Approved by:	Bowel Screening Operational Meeting	
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Key Amendments

Date	Amendment	Approved by
19 th June 2019	Documents extended for 6 months whilst reviewed	Emma Duggan
11 th Feb 2020	Documents extended for 6 months whilst review and approval is processed	Emma Duggan
27 th July 2020	Documents extended for 6 months during COVID-19 period	QGC/Gold Meeting

Introduction

It is necessary to identify patients diagnosed with diabetes prior to prescribing bowel preparation, due to the risk of hypoglycaemia as a result of altered dietary intake during the bowel preparation period. This guideline outlines the advice these patients should be given.

Details

- Establish if the patient has diabetes and if so, how it is controlled e.g. diet, medication or insulin.
- Ascertain patient’s diabetic control and frequency of medication and whether he/she is monitored by a healthcare professional.
- Inform relevant Health Care Professional e.g. GP / Specialist Nurse that patient with diabetes is due to take bowel preparation for endoscopy.
- Advise patient to make an appointment with their Diabetic Nurse Specialist Team to inform them of the planned procedure and change in regime.
- Refer patients to the written guidelines:
 - For patients attending Hereford County Hospital for colonoscopy procedure: Provide a copy of the leaflet ‘Guidelines for Patients with Diabetes Undergoing Colonoscopy’ highlighting the necessary information within to the patient.
 - For patients attending with Worcestershire Acute Hospitals NHS Trust (Worcestershire Royal Hospital or Alexandra Hospital, Redditch), highlight within the procedure information leaflet the necessary information specific to the patient.
- Advise patient to have supply of Glucose tablets or sugary drink should they need them during the preparation period.
- Advise patient to monitor blood sugar levels regularly, particularly when not eating.

Please note that the key documents are not designed to be printed, but to be used on-line. This is to ensure that the correct and most up-to-date version is being used. If, in exceptional circumstances, you need to print a copy, please note that the information will only be valid for 24 hours and should be read in conjunction with the key document supporting information and/or Key Document intranet page, which will provide approval and review information.

- Ensure patient brings diabetic medication (e.g. insulin) when attending for procedure.
- Ask patient to bring a suitable snack to eat following procedure. A limited supply of suitable snacks is available from the hospital.
- Patients should be encouraged to attend a morning list where possible and should always be offered the first appointment on the list.