

HERPES SIMPLEX • 1/1

HISTORY OF GENITAL HERPES BEFORE THIRD TRIMESTER (<28 WEEKS) OR PRIMARY HSV BORN BY CAESAREAN SECTION

- No swabs or treatment
- Good hand hygiene
- Advise to seek medical help if skin, eye or mucous membrane lesions, lethargy/irritability, poor feeding

PRIMARY HSV (≤6 WEEKS BEFORE VAGINAL DELIVERY)

- Strict infection control
- Swab nasopharynx, conjunctiva, mouth and rectum in viral transport medium for HSV PCR
- Check infant's ALT and send blood for HSV PCR
- Start aciclovir 20 mg/kg IVI (over 1 hr) 8-hrly
- If ALT abnormal or other signs of infection (including skin lesions) send CSF for HSV PCR
- Recommend breastfeeding unless herpetic lesions around nipple

TREATMENT

Duration aciclovir IV

- If neonatal HSV PCR negative: stop aciclovir
- If active infection ruled out: stop aciclovir
- If skin, eye or mouth lesions: aciclovir IV for 10 days
- if CSF HSV negative and ALT normal: aciclovir IV for 10 days
- if ALT raised and CSF negative: aciclovir IV for 14 days
- if CSF HSV positive: repeat LP at 14 days and if negative stop at 21 days
- If HSV disease: give aciclovir 300 mg/m² oral 8-hrly for 6 months