

PRE AND POST OPERATIVE OCCUPATIONAL THERAPY ASSESSMENT AND TREATMENT GUIDELINE FOR PATIENTS WITH TOTAL HIP REPLACEMENT

This guidance does not override the individual responsibility of health professionals to make appropriate decision according to the circumstances of the individual patient in consultation with the patient and /or carer. Health care professionals must be prepared to justify any deviation from this guidance.

INTRODUCTION

This Occupational Therapy (OT) guideline has been agreed with the Occupational Therapy Manager for the acute hospitals NHS trust in Worcestershire and is to be used with total knee replacement patients.

THIS GUIDELINE IS FOR USE BY THE FOLLOWING STAFF GROUPS :

All Occupational Therapy staff working in elective orthopaedics

Lead Clinician(s)

Beverley Phillips	Occupational Therapy Clinical Lead, WRH
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Approved by:

Trauma and Orthopaedic OT Clinical Governance Group on:	19 th September 2018
Therapies Clinical Governance Group:	28 th November 2018
OT Clinical Governance Group on:	3 rd October 2018
Review Date:	28 th November 2020

This is the most current document and should be used until a revised version is in place

Key amendments to this guideline

Date	Amendment	Approved by:
10 th June 2015	Changed discharge criteria Discharging patients at pre-op clinic if appropriate Changed monitoring tool to include cognitive difficulties	OT Trauma and Orthopaedics Clinical Governance Group
August 2017	Document extended for 6 months as per TMC paper approved on 22 nd July 2015	TMC
December 2017	Sentence added in at the request of the Coroner	
December 2017	Document extended for 3 months as per TLG recommendation	TLG
March 2018	Document extended for 3 months as approved by TLG	TLG
June 2018	Document extended for 3 months as per TLG recommendation	TLG
August 2018	Document extended for 6 months as per email from Julie Elliot while new manager is in place and new keyu docs page is approved	Julie Elliott
December 2018	Added another intervention to preop 1:1 assessment and title of document Removal of hip precautions for primary THR OT protocol amended.	OT Trauma and Orthopaedics Clinical Governance Group and OT clinical governance Therapy management clinical governance group

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INTRODUCTION

All OT staff working in an Orthopaedic area should be aware of the existence of the guideline and the location of where a copy of the guideline is kept.

DETAILS OF GUIDELINE

Pre-op MDT joint school

- Referrals generated from pre admission clinic
- Educate patient about Occupational Therapy and how they will achieve independence with their occupations post op.
- Issue advice leaflets and guidance as appropriate.
- Recommend patients to avoid any extreme movement or positions that may cause undue discomfort.

Pre-op 1:1 appointment

- Screening assessment of patient's occupational performance and environment. If the patient consents to intervention or contact next of kin if patient lacks mental capacity. If not already completed
- Check and advise on height measurement sheet and identify equipment if needed.
- Assess/practice transfers if required.
- Completion of pre-op home visit to fit identified equipment if required.
- Advise on any post-op precautions if patients will be required to follow them.
- Advise patient on purchase of long handled dressing equipment if required.
- Discharge from Occupational Therapy pre-op service if no further problems are anticipated post operatively.

Post-op

(Day 1 = the first day after the operation date)

To only be seen if not discharged at pre-op. If identified to be seen post operatively, follow OT intervention plan.

Day 1 onwards

- Check consultants post -operative management plan
- Complete OT intervention plan

Discharge criteria

1. To be discharged pre-op once all assessments completed and equipment in situ, no problems anticipated for discharge.
2. To be discharged from occupational therapy once the occupational therapy intervention plan is complete.

MONITORING TOOL

How will monitoring be carried out? Audit of OT notes
 Who will monitor compliance with the guideline? 8a/7 OT

STANDARDS	%	CLINICAL EXCEPTIONS
Elective THR patients will be seen pre-operatively	100%	None
Elective THR patients are discharged pre-op when possible	95%	Patient medically /social circumstances

REFERENCES

- In patient Occupational Therapy Assessment and Treatment procedure WAHNSHT
- Out-patient Occupational Therapy Assessment and Treatment procedure WAHNSHT

CONTRIBUTION LIST

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Therapies Clinical Governance Group
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