

Affix Patient Label here or record

NAME:

NHS NO:

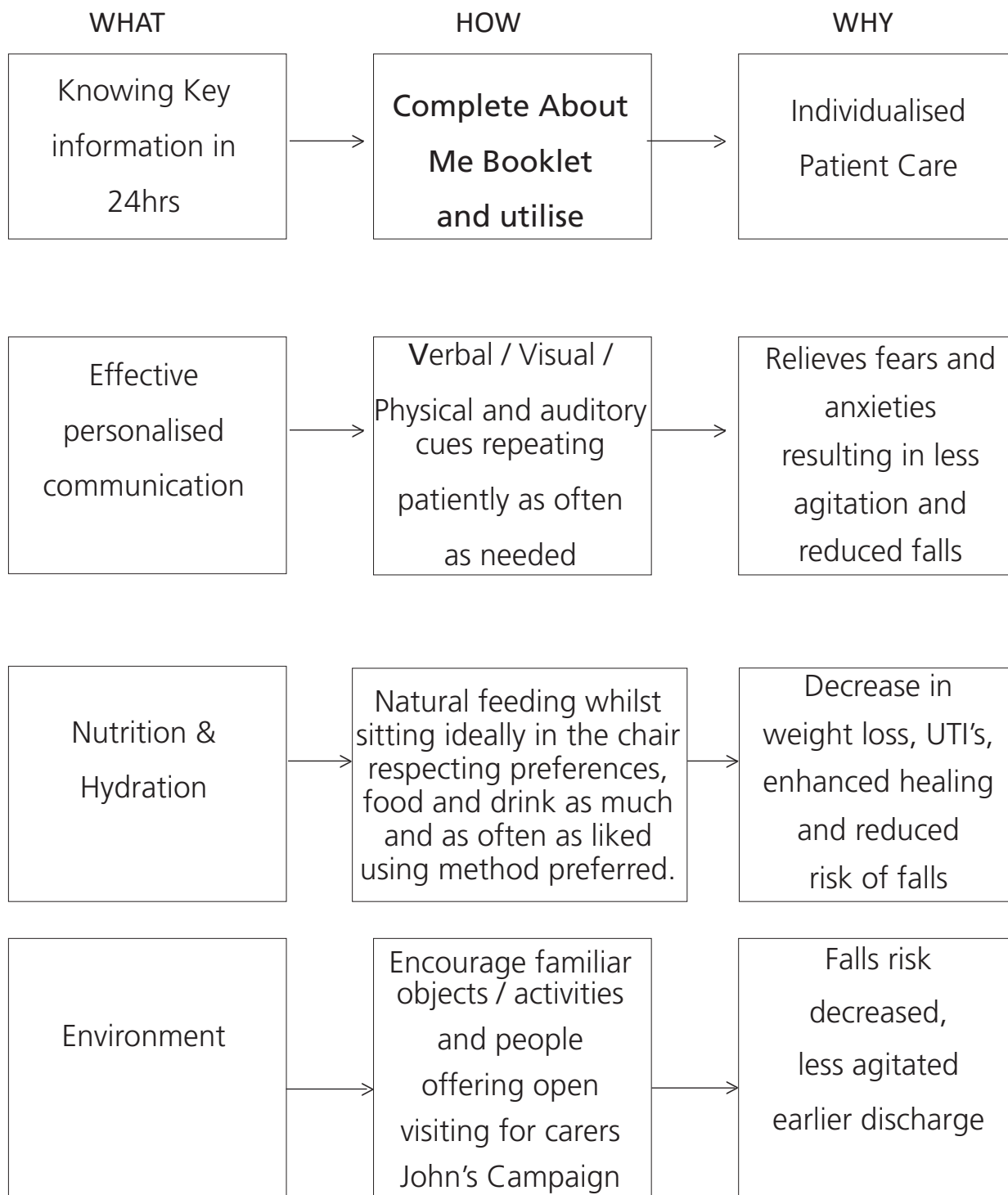
HOSP NO:

D.O.B: // MALE FEMALE

Consultant: Ward:.....

DEMENTIA CARE BUNDLE

A small set of evidence based practices, that when delivered consistently, improve patient outcomes.



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Dementia / Delirium Avoidance Care Planning

Please record outcomes for each factor in usual documentation such as patients records or evaluation sheets.

No	FACTOR	MEASURE	AVOID	ENCOURAGE
1	Environment		Clutter Unnecessary transfer	Board with names of team members. Communication to reorient to surroundings. Therapeutic/cognitively stimulating activities. Discussion of current events, structured reminiscence or word games. Involve family members/carers.
2	Personal	'About Me' Booklet	Arguing or conflict	Photos/memorabilia/personal effects. Involve carer support worker to assist/family member/carer/forget-me-not flower.
3	Bladder	Continence Diary	Catheters	Regular timed toileting. Document on Care & Comfort..
4	Hearing	Check hearing	High level noise	Aids available, in use and working. Portable amplifying devices. Calm environment.
5	Vision	Check visual acuity/visual fields	Objects that may stimulate hallucinations	Visual aids e.g glasses or magnifying lenses. Correct glasses Adaptive equipment e.g. large print, pictures
6	Bowels	Bowel Chart	Constipation	Fluids High fibre diet Laxatives as required
7	Fluid	Fluid balance chart	Dehydration	Check oral intake (fluid matrix) Prescribe supplements orally or parentally. Red jug.
8	Sleep	Night diary Therapeutic Observations Charts	Sedatives	Exercise by day Referral to physiotherapist Non pharmacological sleep protocol e.g. warm drink (milk/herbal tea) relaxation tapes/music
9	Mobility	Barthel, gait and balance score	Falls, physical restraint and catheters	Early mobilisation Ambulation or active range of motion. Exercises 3 times daily Referral to physiotherapist
10	Pain	Abbey Pain Chart	Side effects of analgesia	Pain assessment - Record on NEWS Chart Adequate control
11	Oxygenation	O2 saturation range	Hypoxia/hypercarbia	Prescribe oxygen if required
12	New drugs		Can they be stopped Avoid anti-psychotics	Review medication Discuss with doctor/nurse practitioner/pharmacist
13	Nutrition	Food diary Nutritional Assessment MUST Tool	Dysphagia	Food record chart Assessment - MUST Tool Red tray scheme Assistance with feeding if required. Supplements SALT if required.
14	Clinical Investigation	Blood results AMT CAM CRP	Hospital acquired infections	Early identification, diagnosis and prompt management



