

APPENDIX 3

CATHETERISATION PROCEDURE: REQUIREMENTS

Access to hand hygiene facilities

The Bard IC Comprehensive Care Foley Tray, contains everything required to catheterise or re-catheterise a patient. It should be used in sequential order with care taken to ensure asepsis is maintained. The pack contains:

- One empty 10ml syringe to deflate the balloon during re-catheterisation.
- One prefilled 10ml syringe of sterile water to inflate the newly inserted catheter balloon.
- BARD Catheter of choice and 'Preconnect' system for your chosen drainage system.
- Protective waterproof sheet and fenestrated drape.
- Two pairs of latex free gloves.
- Cleansing solution and gauze.
- Apron for the healthcare professional.
- STATLOCK® Foley Stabilisation Device *.
- Syringe of lubricating gel.

Consider need for spare catheter if procedure does not go to plan.

Spare non sterile gloves/single use disposable apron.

Patient's notes including access to prior microbiology results and allergy status. Caution always check allergy status, document and act upon information provided.

If indicated consider use of local anaesthetic, antimicrobial lubricating gel (*Instillagel*). Take care to use the right product (6ml female; 11ml male) and ensure patient is not allergic to any components of the product. Caution some may contain chlorhexidine.

*The STATLOCK® is a strap free device which locks the catheter in position, stabilising it and eliminating any chance of a sudden pull. It is a latex free product that is hypoallergenic, breathable, waterproof securement pad with a 360° swivel retainer clip which allows the catheter to move with the patient. It can be worn for up to seven days and is designed to be changed when a bag change occurs.