

URINARY CATHETER BAG EMPTYING

Equipment

- Disinfectant wipe
- Single use disposable plastic apron
- Non sterile gloves
- Container (jug or urine bottle), either heat disinfected or single use pulp product
- Paper towel to cover the jug
- Access to hand hygiene facilities/alcohol hand gel

NOTE If urine requires frequent measuring for an accurate fluid balance consider use of bag with integral measuring chamber to minimise number of times the closed system is opened.

Pre-Procedure

No	Action	Rationale
1	Explain and discuss the procedure with the patient.	To ensure that the patient understands the procedure and gives their valid consent (NMC 2013).
2	Cleanse hands, put on single use disposable plastic apron and non sterile gloves.	To reduce risk of cross-infection (Fraise and Bradley 2009).

Procedure

No	Action	Rationale
3	Open the catheter valve. Allow the urine to drain into the jug.	To empty drainage bag and accurately measure volume of contents.
4	Close the outlet valve and clean it with an alcohol wipe.	To reduce risk of cross-infection (Fraise and Bradley 2009).
5	Cover the jug and dispose of contents in the sluice, having noted the amount of urine if this is requested for fluid balance records.	To reduce risk of environmental contamination (DEFRA 2005).
6	Remove non sterile gloves and single use disposable plastic apron and dispose of in appropriate waste stream, and cleanse hands .	To reduce risk of infection (Fraise and Bradley 2009).

References

DEFRA (2005) Hazardous Waste Regulations: List of Wastes Regulations 2005. London: Department for Environment, Food and Rural Affairs.

Fraise, A. P. & Bradley, T. (2009) Aycliffe's Control of Healthcare-associated Infections: A Practical Handbook, 5th edn. London: Hodder Arnold.

NMC (2013) Consent. London: Nursing and Midwifery Council. Available at: www.nmc-uk.org/Nurses-and-midwives/Regulation-in-practice/Regulation-in-Practice-Topics/consent/

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