

**HIGHER CHANCE SCREENING COUNSELLING CHECKLIST**

NAME	EMAIL	TEL
<b>Combined Screening</b>		
<b>Quad Test</b>		
<b>Pappa-A result</b>		

TO DISCUSS	POINTS TO CONSIDER	SIGN & DATE
<b>1. Confirm patient details.</b>	<ul style="list-style-type: none"> <li>• Smoking status</li> <li>• Weight</li> <li>• Date of birth</li> </ul>	
<b>2. Offer appt to attend unit to discuss results, options &amp; implications.</b>	<ul style="list-style-type: none"> <li>• Offer accepted. <b>YES or NO</b></li> <li>• Wishes to discuss over telephone. <b>YES or NO</b></li> </ul>	
<b>3. Explain their 'higher chance'</b>	<ul style="list-style-type: none"> <li>• Check they understand what chance means.</li> <li>• Do they understand what T21/T13/T18 are?</li> </ul>	
<b>4. Option 1 – take no action</b>	<ul style="list-style-type: none"> <li>• Continue with pregnancy as normal.</li> <li>• Can opt back into diagnostic testing at a later time.</li> <li>• Mid T USS – back to fetal med if any anomalies found.</li> </ul>	
<b>5. Option 2 – CVS to discuss with BWH. Diagnostic 100% accuracy.</b>	<ul style="list-style-type: none"> <li>• Time for referral</li> <li>• Miscarriage risk 1%</li> <li>• Procedure</li> <li>• Will need to wait 10-12days for full report before acting on result.</li> </ul>	

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<p><b>6. Option 3 – Amniocentesis from 15/40.Diagnostic. 100% accuracy.</b></p>	<ul style="list-style-type: none"> <li>• Miscarriage risk 1%</li> <li>• Procedure</li> <li>• 72hrs result T21, T13 &amp; T18.</li> </ul>	
<p><b>7. Option 4 – NIPT private screening. Not offered on the NHS £300 -£500.</b></p>	<ul style="list-style-type: none"> <li>• Classed as screening but accuracy around 99%.</li> <li>• Contact ARC for recommended providers.</li> <li>• If higher chance discovered will still need diagnostic testing to act on result.</li> <li>• No Miscarriage Risk</li> <li>• Results back in around 10 days.</li> </ul>	
<p><b>8. To consider what they will do with the results?</b></p>	<ul style="list-style-type: none"> <li>• Important to consider implications of diagnostic testing.</li> <li>• Doesn't tell you to what extent a child will be affected.</li> </ul>	
<p><b>9. Make woman aware she has time to consider all options.</b></p>	<ul style="list-style-type: none"> <li>• Can go away and think about options.</li> <li>• Make sure all contact numbers are given.</li> <li>• Any questions?</li> </ul>	
<p><b>10. Pappa-A result (if applicable)</b></p>	<ul style="list-style-type: none"> <li>• Implications for pregnancy.</li> <li>• Actions taken as per pathway.</li> </ul>	

OUTCOME	SIGN & DATE	RESULT
1. Take no action		N/A
2. Referral for CVS		
3. Amniocentesis		
4. NIPT		
5. Patient info emailed		

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