

INCREASED NT AT DATING SCAN COUNSELLING CHECKLIST

SCREENING TEST	DATE OF SAMPLE	RESULT
NT MEASUREMENT		
COMBINED SCREENING		

TO DISCUSS	POINTS TO CONSIDER	SIGN & DATE
1. Offer appt to attend unit to discuss findings if not done at time of scan.	<ul style="list-style-type: none"> Offer accepted. YES or NO 	
2. Explain the possible implications of an increased NT	<ul style="list-style-type: none"> Link to increased risk of miscarriage, chromosomal difference & cardiac anomaly. 	
3. Option 1 – take no action	<ul style="list-style-type: none"> Viability scan @ 16/40 Cardiac echo fetal med clinic @ 18-19/40. Can opt back into diagnostic testing at a later time. 	
4. Option 2 – combined screening to determine calculated chance of T21/T13/T18	<ul style="list-style-type: none"> Explain we would expect this result to come back as a higher chance with a increased NT and to consider their next step. This option should be encouraged as per national standards 	
5. Option 2 – CVS BWH.Diagnostic 100% accuracy. Await combined screening result.	<ul style="list-style-type: none"> Time for referral Miscarriage risk 1% Procedure PCR & Microarray 	

Name

Hospital No.

6. Option 3 – Amniocentesis from 15/40.Diagnostic. 100% accuracy.	<ul style="list-style-type: none"> • Miscarriage risk 1% • Procedure • 72hrs result T21, T13 & T18. • 	
7. Option 4 – NIPT private screening. Not offered on the NHS £300 -£500.	<ul style="list-style-type: none"> • Not recommended when a increased NT is noted as it may give false reassurances NIPT does not look at all chromosomes. 	
8. Make woman aware she has time to consider all options.	<ul style="list-style-type: none"> • Can go away and think about options. • Make sure all contact numbers are given. • Any questions? 	
9. Pappa-A result if applicable	<ul style="list-style-type: none"> • Implications for pregnancy. • Actions taken as per pathway. 	
10. Normal CVS/AMNIO result arrange 16/40 viability and 18/40 cardiac echo.	<ul style="list-style-type: none"> • Appts booked and sent to patient – insert date &time. 	
11. Fetal med discharge	<ul style="list-style-type: none"> • CONS AN care & serial scan pathway to be implimented. • Insert date of next appt. 	

OUTCOME	SIGN & DATE	RESULT
1. Take no action		N/A
2. Referral for CVS		
3. Amniocentisis		
4. NIPT		
5. Patient info emailed		

Name

Hospital No.