

# GET SAFE Support Services for Children, Young People and their Families



At the heart of everything we do

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## Child sexual exploitation support (CSE)

1. professional support for children's practitioners
2. direct work for children and young people

### Police

Telephone: 999

### Crime stoppers

Report crime anonymously

Telephone: 0800 555111

Freephone: 116 000

Website: <https://crimestoppers-uk.org/>

### Family Front Door (children's social care)

Telephone: 01905 846 000

EDT 01905 768020

### The Branch Project

Telephone Helpline 01905 724514

Website: [www.wmrsasc.org.uk](http://www.wmrsasc.org.uk)

### National Working Group (Charity)

Website: [www.nwgnetwork.org](http://www.nwgnetwork.org)

### Sexual health Moor Street, Worcester

Telephone: 01905 22957

Website: <http://www.knowyourstuff.nhs.uk/our-services/moor-street>

### Child line

Telephone: local number 0121 227 7577

Telephone: 0800 1111

Website: [www.childline.org.uk](http://www.childline.org.uk)

### Barnardo's

Telephone: 0300 303 7000

Website: [www.barnardos.org.uk](http://www.barnardos.org.uk)

## Child sexual exploitation support for parents / cares

- support for parents and carers specifically
- PACE specifically provides one to one telephone advice and support to parent and facilitates meetings between parents
- advice and support when pursuing disruption and prosecution of perpetrators

### Parents against Child exploitation (PACE)

Telephone: 01132 405226 PACE helpline for parents

### National working group (NWG)

Website: [www.nwgnetwork.org](http://www.nwgnetwork.org)

### Barnardo's

Telephone: 0300 303 7000

Website: [www.barnardos.org.uk](http://www.barnardos.org.uk)

### Children's Society

Website: [www.childrensociety.org.uk](http://www.childrensociety.org.uk)

## Drugs and alcohol including County Lines

- support for young people and their families.

### Police

Telephone: 999

### Crime stoppers

Report crime anonymously

Telephone: 0800 555111

Freephone: 116 000

Website: <https://crimestoppers-uk.org/>

### Swandswell

Swandswel Worcester telephone: 01905 721020

Swandswell Redditch telephone: 03003038200

### Drug addiction help from the NHS

Website: [www.nhs.uk](http://www.nhs.uk)

## Compass charity

Telephone: 01904 636374

Website: [www.compass-uk.org](http://www.compass-uk.org)

## Action on addiction

Telephone: 0300 3300659

Website: [www.actionaddiction.org.uk](http://www.actionaddiction.org.uk)

## Nice

Telephone: 0800 9177 650

Website: [www.nice.org.uk](http://www.nice.org.uk)

## Alcohol anonymous (AA)

Email: [help@aamail.org](mailto:help@aamail.org)

## Young minds drug and alcohol website

Telephone: Parents helpline 0808 8025544

Website: [www.youngminds.org.uk](http://www.youngminds.org.uk)

## Aquarius

Telephone: 0121 622 8181

Website: <https://aquarius.org.uk/contact/>

## Families anonymous

Telephone: 020 74 98 4680

Website: <http://famanon.org.uk/>

## Frank

Telephone: 03001 23 6600

Website: <https://www.talktofrank.com/>

## Turning point

Website: [www.turning-point.co.uk](http://www.turning-point.co.uk)

## Gangs

- advice and support for young people and their families

## Police

Telephone: 999

## Crime stoppers

Report crime anonymously

Telephone: 0800 555111

Freephone: 116 000

Website: <https://crimestoppers-uk.org/>

## NSPCC

Website: [www.nspcc.org.uk](http://www.nspcc.org.uk)

## Family lives

Website: [www.familylives.org.uk](http://www.familylives.org.uk)

Telephone: 0808 800 2222

## Child line

Telephone: local number 0121 227 7577

Telephone: 0800 1111

Website: [www.childline.org.uk](http://www.childline.org.uk)

## Missing from Home or Care

- professionals should consult Worcestershire safeguarding procedures

## Police

Telephone: 999

## Children's Missing Officers – GET SAFE Team Missing people

Telephone: 116 000

Website: [www.missingpeople.org.uk](http://www.missingpeople.org.uk)



## Runaway helpline

Call or Text: 116 000

Website: [www.runawayhelpline.org.uk](http://www.runawayhelpline.org.uk)

## Streetlink

Telephone: 0300 5000914

Website [www.streetlink.org.uk](http://www.streetlink.org.uk)

## Trafficked children

- professionals should consult Worcestershire safeguarding procedures

## Police

Telephone: 999

## National referral Mechanism (NRM)

Referral line is modern day slavery 0800 0121700 24 hours a day

Gov. website referral to NRM under Modern day slavery victims.

## Stop the traffik

Telephone: 0207 921 4258

Website: [www.Stopthetraffik.org](http://www.Stopthetraffik.org)

## National networking group

Telephone: 01332 585371

Website: <https://www.nwgnetwork.org/contact-us/>

## Anti trafficking

Telephone: 01509 550438

Website: [www.bacaproject.org.uk](http://www.bacaproject.org.uk)

## NSPCC

Website: [www.NSPCC.org.uk](http://www.NSPCC.org.uk)

## ECPAT support for women and girls

Telephone: 020 7607 2136

Website: [www.ecpat.org.uk](http://www.ecpat.org.uk)

## Unicef

Telephone: 39055 20330

Website: [www.unicef-irc.org](http://www.unicef-irc.org)

## The Children's Society

Telephone: 0300 303 7000

Website: [www.childrensociety.org.uk](http://www.childrensociety.org.uk)

## Modern Day slavery

professionals should consult Worcestershire safeguarding procedures

Modern slavery helpline also known as human trafficking.

Telephone: 0800 0121700

Website: [www.modernslaveryhelpline.org](http://www.modernslaveryhelpline.org)

## Radicalisation

- adult and children's practitioners should contact their leads
- Paul Kinsella Worcestershire Lead

## Police

Telephone: 999

## Crime stoppers

Report crime anonymously

Telephone: 0800 555111

Freephone: 116 000

Website: <https://crimestoppers-uk.org/>

## Family Front Door (children's social care)

Telephone: 01905 846 000

EDT 01905 768020

## Parents resources: educate against the hate

Website: <https://educateagainsthate.com>

## Parent line

Website: [dots.actionforchildren.org](https://dots.actionforchildren.org)

## NSPCC protecting children from radicalisation

Website: [www.nspcc.org.uk](https://www.nspcc.org.uk)

01905 846000

## Female Genital Mutilation (FGM)

- professional advice and for those who have experienced FGM
- Professionals should consult Worcestershire safeguarding procedures

## Acton Aid UK

Telephone: 01460 23800 from 9.00am to 5.30pm Monday to Friday

Telephone: 0208 9604000 extension 1

Email: [supportercontact@actionaid.org](mailto:supportercontact@actionaid.org)

## Health advice NHS choices website

Website: <https://www.gov.uk/government/publications/the-nhs-choice-framework/the-nhs-choice-framework-what-choices-are-available-to-me-in-the-nhs>

## The Dahlia Project

The Dahlia project is a specialist service for women whom have under gone FGM.

Telephone: 0207 2817694

Email: [alev@manorgardenscentre.org](mailto:alev@manorgardenscentre.org)

## Forward

Provides advice and 1:1 support for African women and girls.

Telephone: 0208 9604000

Email: [Support@forwarduk.org.uk](mailto:Support@forwarduk.org.uk)

## Police

FGM is a physical and sexual crime the police and boarder force have powers to intervene and protect.

Telephone 999

## NSPCC helpline

Advice and support to children.

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NSPCC FGM helpline: 0800 0283550

## Honour based violence

- support for victims
- professionals should consult Worcestershire safeguarding procedures

## Karma Nirvana

UK helpline: 08005 999247 Monday to Friday

Website: [Info@karmanirvana.org.uk](mailto:Info@karmanirvana.org.uk)

## Honour network survivors helpline

Honour network survivors helpline telephone: 0800 5999247

Online help for mixed couples whose relationship are opposed by family or community.

## Refuge Halo Project

Website: [www.refuge.org.uk](http://www.refuge.org.uk)

## Safe lives

Email: [rea@safelives.org.uk](mailto:rea@safelives.org.uk)

## Mixtogether

Website: [www.mixtogether.org](http://www.mixtogether.org)

## Forced Marriage

- support for victims
- professionals should consult Worcestershire safeguarding procedures

## Karma Nirvana

Telephone: 0800 5999247 Monday to Friday

Email: [Info@karmanirvana.org.uk](mailto:Info@karmanirvana.org.uk)

## Runaway helpline

Telephone: call: 116 000 free confidential 24/7

Website: [www.runawayhelpline.org.uk](http://www.runawayhelpline.org.uk)

## Refuge

Telephone: 020 7395 7700

Website: [www.refuge.org.uk](http://www.refuge.org.uk)

## Support line (Forced marriage support line)

Telephone: 01708 765200

Website: [www.supportline.org.uk](http://www.supportline.org.uk)

## Forced marriage unit

Telephone: 02070080151

## Freedom Charity

Telephone: 0845 607 0133

Website: [www.freedomcharity.org.uk](http://www.freedomcharity.org.uk)

## Emotional wellbeing of children and young People

- support for young people

## CAHMS

You will be referred to the CAHMS team via your GP

## Anxiety UK

Telephone: 03444 775 774

Website: [www.anxietyuk.org.uk](http://www.anxietyuk.org.uk)

## Carers UK

Carers helpline: 0808 808 7777

## Hearing voices network

Website: [www.hearing-voices.org](http://www.hearing-voices.org)

## Bipolar UK

Telephone: 0333 323 3880

Website: <https://www.bipolaruk.org/>

## MIND

Telephone: 030123 3393

Website: <https://www.mind.org.uk/>

## Recovery Focus supporting charity

Telephone: 020 76973300

Website: [www.recoveryfocus.org.uk](http://www.recoveryfocus.org.uk)

## Young Minds

Telephone: 08088025544

Website: [www.youngminds.org.uk](http://www.youngminds.org.uk)

## Support around sexuality for young people and their families

Sexual Health

### Headspace advice and website tools

Young people's line: 1800 551800

Urgent help: 13 11 14

### Parenting Ni

Parents support line 0808 8010 722

### EACH support for young people affected by homophobia

0808 100 0143

### FFLAG – support for young people and their families

Telephone: 0845 652 0311

Website: [www.fflag.org.uk](http://www.fflag.org.uk)

LGBT foundation

Telephone: 0345 330 3030

Website: [www.lgbt.foundation](http://www.lgbt.foundation)

### Parents and carers support

Website: [www.parentsenquiryscotland.org](http://www.parentsenquiryscotland.org)

Website: [www.youngstonewall.org.uk](http://www.youngstonewall.org.uk)