

SoP Maternity Community Visiting and Clinic Advice

At this time all pregnant women are being advised to follow social distancing advice and it is recommended that women do not attend any non-essential hospital or primary care visits. We will inevitably also experience staffing challenges and to ensure that we can provide women with care at key stages of pregnancy we are recommending that essential visits should be considered as follows:

Appointment type	Gestation in pregnancy
1 booking / screening appointment	8-10 weeks
Dating scan	12 weeks
Mid Term Scan	20 weeks
Blood test / consultation	28 weeks
Consultation	36 weeks
Consultation ,cervical sweep and book for IOL	41 weeks

Whilst capacity allows please continue with all other scheduled appointments /visits. Please note that women on a consultant led pathway will be attending ANC & USS so where possible duplicate visits should not be undertaken.

Please contact women by telephone when a routine visits would have taken place and complete antenatal or postnatal proforma. The proforma can be added to the green HHR at the next appointment.

At present we are not able to provide care on Meadow Birth Centre for low risk midwifery led women however this pathway is available on the delivery suite and two rooms have been created with pools where care will be led by midwives.

Postnatal visiting should be decreased to one routine visit for Neonatal screening and all other appointments should be completed by telephone. If woman is unwell or family are self-isolating PPE is to be worn whilst visit is undertaken (See PPE SoP). Women should not be advised to attend Meadow Birth Centre for routine Neonatal Screening.

Unfortunately there is no specific national guidance around home visiting however the normal guidance around PPE should be followed when conducting home visits.

- Care workers should use personal protective equipment (PPE) for activities that bring them into close personal contact, such as contact with bodily fluids. Gloves and aprons should be worn for testing urine and any blood tests carried out on mum or baby
- If women are unwell or family are self- isolating aprons, gloves and fluid repellent surgical masks should be used in these situations. If there is a risk of splashing, then eye protection will minimize risk.
- New personal protective equipment must be used for each episode of care. It is essential that personal protective equipment is stored securely within disposable rubbish bags.

- These bags should be placed into another bag, tied securely and kept separate from other waste within the room. This should be put aside for at least 72 hours before being put in the usual household waste bin.

If a postnatal visit is indicated following a telephone consultation a visit can be arranged if the woman and her family are well and are not self-isolating. If the woman is unwell and/or self-isolating due to a family member displaying symptoms arrangements should be made for the woman to present at the Maternity Covid 19 cohort area at WRH for review.

Tongue tie clinics and parent education sessions are also now cancelled.

If GP surgeries and Children's Centres are closing alternative clinics can be run in each hub and at the WRH site. Please can you contact the Hub/Clinic managers to rearrange your clinics.

The following is available:

Redditch & Bromsgrove

Monday am – 1 Consulting room available

Tuesday am & pm - 1 Consulting room available

Wednesday am & pm - 1 Consulting room available (already allocated to CMW's To relocate GP Clinics)

Thursday am– 1 Consulting room available

Friday pm – 2 Consulting rooms available.

Kidderminster

Mondays- 2 clinics

Tuesday- already booked

Wednesday 2 x pm clinics,

Thursday 2 x clinics and

Friday 1 x clinic.

Worcester Royal ANC

Monday – am 2 rooms available

Monday pm 3 rooms available

Tuesday – Thursday pm 3 rooms available

Please note rooms will be available from 2pm



Please note that there are no clinics running at the weekend and in the evenings.

Advice for Women

Any woman contacting their community midwife for advice should be offered advice as outlined in

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>

We would advise you to follow the most recent Royal College of Obstetricians and Gynaecologists (RCOG) guidance

<https://www.rcog.org.uk/en/guidelines-research-services/guidelines/coronavirus-pregnancy/covid-19-virus-infection-and-pregnancy/>

Visiting ANC & DAU

Women have been asked to attend these areas alone to reduce footfall. Children should not be attending the hospital.

Inpatient visiting

During this period inpatient visiting on our maternity wards will be restricted to one birth partner and no children under 12 should be visiting without the prior permission of the midwife in charge.

A handwritten signature in black ink, appearing to read 'Justine Jeffery'.

Justine Jeffery

20th March 2020